God Sustains

One who provides support to allow another to endure

Adoration-praising God for who He is

You make Your saving help my shield, and Your right hand **sustains** me; Your help has made me great. You provide a broad path for my feet, so that my ankles do not give way. Psalm 18:35-36

You promised Your people, "Even to your old age and gray hairs I am He, I am He who will **sustain** you. I have made you and I will carry you; I will **sustain** you and I will rescue you." From Isaiah 46:4

The Son is the radiance of God's glory and the exact representation of His being, **sustaining** all things by His powerful word. After He had provided purification for sins, He sat down at the right hand of the Majesty in heaven. Hebrews 1:3

<u>Confession</u>-agreeing with God about our sin

Wash away all my iniquity and cleanse me from my sin. Restore to me the joy of Your salvation and grant me a willing spirit, to **sustain** me. Psalm 51:2, 12

<u>Thanksgiving</u>-expressing our gratitude for what God has done and for answers to prayer

Surely God is my help; the Lord is the One who **sustains** me. Psalm 54:4

Supplication-asking on behalf of ourselves and others	
May	stand on this promise, "Cast your cares on the LORD and He will
sustain you;	He will never let the righteous be shaken." From Psalm 55:22